

The impact of an innovative training program for professionals caring for people with intellectual disability

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Method

An **innovative** training program has been developed and implemented through 3 levels of awareness.

- Systematic participation of a disabled person **as co-trainer and expert**
- Systematic use of a **disability simulator**
- **Satisfaction assessment** through a questionnaire for HCP



1st Level of Awareness: Sensitization

Flash training in the Emergency Unit

- 20 minutes for doctors
- 2 hours for nurses and care assistants



2nd Level of Awareness: Introduction

One day training:

- ID & ASD Concepts and Communication
- Legal issues: Self determination, Rights & Consent⁴
- Major health issues and Pain



3rd Level of Awareness: Four days session:

- Pain identification and Treatment
- ID, ASD & Challenging behaviours
- ID, ASD and Specific somatic health issues
- Dental care and Mobilisation

Conclusion

- An innovative and attractive training for HCP on ID & ASD makes a difference to provide better care and satisfaction for PWID.



Satisfaction

Results

- 140 HCPs were included.
- Before the training 10% (n=14) of HCPs indicated that they had sufficient knowledge.
- After the training, 79% (n=111) of the HCPs felt more confident to provide a patient-centred care for PWID.
- **91%** (n=127) of the trained HCPs consider the program very relevant for their daily care
- Families, PWID and carers stated that they get better care at the UH



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Aim

To demonstrate how an innovative training program for HCP (nurses, care-assistants and physicians) provides better care for PWID at a University Hospital (UH).



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Introduction

People With Intellectual Disability (PWID) have a **four** times larger risk to be taken care of by untrained Health-Care Professionals (HCP) than the general population^{1,2}.

There is an urgent need to improve the skills and knowledge of these professionals³. Untrained HCP need to learn how to take care of patients with ID and Autistic Spectrum Disorders (ASD).



9. Bibliography

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